

FACIAL TREATMENTS

- **Oh! SPA** "SECRETS" REJUVENATION FACIAL (90min) \$200
- SPA "RESCUE" FACIAL (90min) \$225
- MOUNTAIN WILDFLOWER FACIAL (75min) \$175
- EUROPEAN FACIAL (50min) \$115
- SPA TREATMENT FACIAL (60min) \$130
- JACK BLACK FITNESS FACIAL (60min) \$130
- OXYLIANCE FACIAL (75min) \$150
- SEASONAL ORGANIC FACIAL (60min) \$140
- TEEN FACIAL (50min) \$115
- VITAMIN C EXPRESS FACIAL (25min) \$75

INTENSIVE SKIN THERAPY

- MICROEXFOLIATION FACIAL (50min) \$155
- CHEMICAL PEEL (50min) \$165
- GLYCOLIC ACID MINI PEEL (30min) \$75

FACIAL COMPLEMENTS

- PURE VITAMIN C AMPOULE \$30
- INTENSIVE REPAIR AMPOULE \$45
- 20MIN FOOT REFLEXOLOGY \$60
- EYE CONTOURING TREATMENT \$30
 - À la Carte (25min) \$50*
- GLYCOLIC ACID MINI PEEL (15min) \$40
 - À la Carte (30min) \$75*
- ANTI-AGING HAND THERAPY \$35
 - À la Carte (25min) \$50*



spa services

(208) 765.4000 ext.5000 · cdaresort.com

Prices do not include gratuity and are subject to change without notice.



➤ **Oh! SIGNATURE SERVICES**

- **FRAGRANT FOREST** (*revitalizing*) (110min) \$245
Pure Essence Shower, Spruce & Cedar Vitality Bath, Forest Mineral Scrub & 50 minute Rehydrating Massage using our Spruce & Cedar body lotion.
- **CEDAR WATERS** (*relaxing*) (60min) \$135
Pure Essence Shower, Nourishing Waters Bath & Water Falls Massage.
- **LAVENDER MOUNTAIN SPIRIT** (*soothing*) (110min) \$245
Soothing Mineral Bath, Lavender scented Body Exfoliation & 50 minute Rehydrating Massage using Lavender satin lotion finished with a mist of Lavender spray.

COEUR D'ALENE SPA PACKAGES

- **Oh! BEAUTY BAY** (7 hours) \$565
Nourishing Bath, Forest Mineral Scrub, Swedish Massage, Anti-age Hand Treatment, European Facial, Organic Manicure & Pedicure, Shampoo, Blow Dry, Make-up & Spa Lunch.
- **Oh! MICA BAY REJUVENATION** (5 hours) \$460
Pure Essence Shower, Meadow Chamomile Body Scrub, Swedish Massage, Organic Manicure & Pedicure, Treatment Facial & Spa Lunch.
- RELAX AND RENEW** (130min) \$220
Nourishing Bath, Swedish Massage & European Facial.
- MOTHER/DAUGHTER RETREAT** (175min) \$530
Soothing Bath, Swedish Massage or European Facial, Aroma Manicure, Wildflower Pedicure & Spa Lunch.
- EXPECTING MOTHER** (160min) \$310
Pregnancy Massage with Shea Butter, European Facial, Pregnancy Pedicure & Spa Lunch.
- **Oh! MINERAL MAN** (130min) \$300
Thermal Mineral Bath, Pure Essence Shower, Jack Black Facial & Deep Tissue Massage.
- EXECUTIVE MEN'S PACKAGE** (160min) \$290
Body Rehab Scrub, 50 minute Sports Massage, 20 minute foot reflexology, nail tune-up, Ultimate Barber cut & a refreshing Micro Brew.

COUPLES MASSAGE SUITE

- SUITE INDULGENCE** (115min) \$485
Extended Massage, acupressure facial massage, Hand & Foot Treatments, Sole Soak & Champagne & Chocolate.
- COUPLES MASSAGE WITH AROMATHERAPY** (50min) \$230
- JUST THE TWO OF US** (125min) \$500
50 minute relaxing massage, Express Organic Facial & side by side Pedicures.

WATER WELLNESS THERAPY

- **Oh! WATER FALLS MASSAGE** (45min) \$95
- **Oh! PURE ESSENCE SHOWER** (5min) \$25
- **Oh! BATHS** (15min) \$25

BODY TREATMENTS

Exfoliations (45min)

- Oh! FOREST MINERAL SCRUB** \$85
- MEADOW CHAMOMILE BODY SCRUB** \$95
- DELICIOUS GINGER & NUTMEG SCRUB** \$95
- SEASONAL ORGANIC BODY POLISH** \$95
- JACK BLACK MEN'S BODY REHAB SCRUB** \$95
- Add a Swedish massage to any Exfoliation* \$85

KUR

- MOUNTAIN MOOR MUD KUR** (110min) \$240
Mineral Bath, Mud Wrap & 50 minute Hydrating Massage.
- ALPINE LAKE SPIRULINA KUR** (110min) \$240
Mineral Bath, Spirulina Wrap & 50 minute Hydrating Massage.

Wraps available Ala Carte (50min) \$130

MASSAGE THERAPY

- **Oh! COEUR (HEART) STONE MASSAGE** (75min) \$185
- **Oh! STIX & STONES** (75min) \$175
- **Oh! NATURAL ELEMENTS EXPERIENCE** (75min) \$145
- HOT STONE MASSAGE** (50min) \$125
- DEEP TISSUE MASSAGE** (50min/75min) \$125/\$180
- SWEDISH MASSAGE** (50min/75min) \$115/\$170
- PREGNANCY MASSAGE** (50min) \$125
- AROMA ULTIMATE MASSAGE** (100min) \$230
- ACHING BACK MASSAGE** (25min) \$70
- CHILDREN'S MASSAGE** (12-16yrs.) (25min) \$70
- FOOT REFLEXOLOGY** (50min) \$110

Complements to Massage

- FOOT REFLEXOLOGY** (20min) \$60
- SCALP MASSAGE** (20min) \$45