

SIGNATURE THERAPIES

Blissful Cedar Waters <i>allow 1½ hours</i>	130
Natural elements shower, spruce and cedar soak and waterfall massage	
Rain Fusion <i>75 minutes</i>	195
Scalp massage, organic exfoliation and waterfall massage	
Lavender Mountain Spirit <i>allow 2½ hours</i>	215
Mountain lavender scrub, bath and custom massage	
Fragrant Forest <i>allow 3 hours</i>	270
Spruce and cedar exfoliation, natural elements shower, soak, Swedish massage and scalp massage	
Soothing Earth and Stone <i>allow 2½ hours</i>	300
Sage scrub, wrap, soak and stone massage	

ESCAPES

Relax and Renew <i>allow 2½ hours</i>	220
Soak, custom massage and European facial	
Lift Your Spirit <i>allow 3½ hours</i>	340
Waterfall massage, wrap and organic facial	
Mother Daughter Retreat <i>allow 4½ hours</i>	490
Soak, massage, pedicure, manicure and lunch for two	
Northwest Dream <i>allow 6 hours</i>	460
Natural elements shower, scrub, custom massage, treatment facial, manicure, pedicure and lunch	
Essential Healing for the Mother-To-Be <i>allow 4 hours</i>	315
Pregnancy massage, organic facial, pedicure and lunch	
Right of Passage <i>allow 2½ - 3½ hours</i>	220
Youth massage, teen facial, hair and make up for her or ultimate barber for him	



SPA SERVICES

coeur d'alene
r e s o r t *Spa*

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Open 7 days a week, 8am - 8pm

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800.684.0514 · CDARESORT.COM
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HYDROTHERAPIES

Aroma Mineral Soak 15 minutes	25
Natural Elements Shower	25
Waterfall Massage 45 minutes	115

MASSAGE THERAPIES

Signature Coeur Stone Massage 100 minutes	275
Custom Swedish Massage 50/75/100 minutes	120/180/240
Deep Tissue Massage 50/75/100 minutes	130/190/260
Hot Stone Massage 50/75/100 minutes	130/190/260
Comforting Pregnancy Massage 50/75 minutes	125/185
Stone Sports Fusion Massage 75 minutes	195
Ashiatsu Massage 75/100 minutes	215/280
Soothe Your Soul Foot Therapy 50 minutes	115
Express Massage 25 minutes	70
Youth Massage 25 minutes	70

COUPLES TREATMENTS

Suite Indulgence 2 hours	485
Couples Aromatherapy Massage 50/75 minutes	250/370

COMPLEMENTS

Tranquil Scalp Ritual 20 minutes	60
Healing Foot Treatment 20 minutes	60
Perfect Skin Dry Brush & Treatment Shower 20 minutes	40

KUR EXPERIENCE

Mountain Mineral Kur 2½ hours Dry brush, moor mud wrap, soak and 50 minute custom massage	250
Spirulina Kur 2½ hours Dry brush, spirulina wrap, soak and 50 minute custom massage	250

EXFOLIATION & WRAPS

Signature Forest Mineral Scrub 45 minutes	95
Seasonal Organic Scrub 45 minutes	95
Custom Aroma Scrub 45 minutes	95
Nourishing Spirulina Wrap 50 minutes	130
Mountain Moor Mud Wrap 50 minutes	130

MENS TREATMENTS

The Iron Man allow 3½ hours Wrap, soak and 75 minute stone sports fusion massage	315
Gentleman's Escape allow 5½ hours Scrub, natural elements shower or soak, custom massage, facial, barber cut and lunch	390

FACIAL TREATMENTS

European Deep Cleansing 50 minutes	120
Teen 50 minutes	120
Men's Therapy 50 minutes	120
Spa Treatment 60 minutes	140
Custom Organic 50 minutes	130
Energizing 60/75 minutes	140/170
Youth Intensive 75 minutes	180
Spa Rescue 90 minutes	225
Secrets Excellence 90 minutes	235

PEELS/EXPRESS FACIAL TREATMENTS

Microexfoliation 50 minutes	155
TCA Peel 45 minutes	165
Arctic Berry Illuminating Peel 45 minutes	80
Multi-Acid Mini-Peel 45 minutes	80
Vitamin C Express Facial 25 minutes	75

FACIAL UPGRADES

Add any of the below upgrades to your facial.
(These are not stand-alone treatments.)

Eye Contour	30
Dermaplaning	50
Multi-Acid or Arctic Berry Peel	45
Microexfoliation	50