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SPA SERVICES

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coeur d'alene
r e s o r t *Spa*

SIGNATURE THERAPIES

- Blissful Cedar Waters** *allow 1½ hours* 130
Natural elements shower, spruce and cedar
soak and waterfall massage
- Rain Fusion** *75 minutes* 195
Scalp massage, organic exfoliation
and waterfall massage
- Lavender Mountain Spirit** *allow 2½ hours* 215
Mountain lavender scrub, bath and
custom massage
- Fragrant Forest** *allow 3 hours* 270
Spruce and cedar exfoliation, natural
elements shower, soak, bamboo massage
and scalp massage
- Soothing Earth and Stone** *allow 2½ hours* 300
Sage scrub, wrap, soak and stone massage

ESCAPES

- Relax and Renew** *allow 2½ hours* 220
Soak, custom massage and European facial
- Lift Your Spirit** *allow 3½ hours* 340
Waterfall massage, wrap and organic facial
- Mother Daughter Retreat** *allow 4½ hours* 490
Soak, massage, pedicure, manicure and
lunch for two
- Northwest Dream** *allow 6 hours* 460
Natural elements shower, scrub, custom
massage, treatment facial, manicure, pedicure
and lunch
- Essential Healing for the Mother-To-Be**
allow 4 hours 315
Pregnancy massage, organic facial,
pedicure and lunch
- Right of Passage** *allow 2½ - 3½ hours* 220
Youth massage, teen facial, hair and make
up for her or ultimate barber for him

HYDROTHERAPIES

Aroma Mineral Soak <i>15 minutes</i>	25
Natural Elements Shower	25
Waterfall Massage <i>45 minutes</i>	115

MASSAGE THERAPIES

Signature Coeur Stone Massage <i>100 minutes</i>	275
Custom Swedish Massage <i>50/75/100 minutes</i>	120/180/240
Deep Tissue Massage <i>50/75/100 minutes</i>	130/190/260
Hot Stone Massage <i>50/75/100 minutes</i>	130/190/260
Comforting Pregnancy Massage <i>50/75 minutes</i>	125/185
Stone Sports Fusion Massage <i>75 minutes</i>	195
Ashiatsu Massage <i>75/100 minutes</i>	215/280
Bamboo Fusion Massage <i>50/75/100 minutes</i>	130/190/260
Soothe Your Soul Foot Therapy <i>50 minutes</i>	115
Express Massage <i>25 minutes</i>	70
Youth Massage <i>25 minutes</i>	70

COUPLES TREATMENTS

Suite Indulgence <i>2 hours</i>	485
Couples Aromatherapy Massage <i>50/75 minutes</i>	250/370

COMPLEMENTS

Tranquil Scalp Ritual <i>20 minutes</i>	60
Healing Foot Treatment <i>20 minutes</i>	60
Perfect Skin Dry Brush & Treatment Shower <i>20 minutes</i>	40

KUR EXPERIENCE

Mountain Mineral Kur <i>2½ hours</i>	250
Dry brush, moor mud wrap, soak and 50 minute custom massage	
Spirulina Kur <i>2½ hours</i>	250
Dry brush, spirulina wrap, soak and 50 minute custom massage	

EXFOLIATION & WRAPS

Signature Forest Mineral Scrub <i>45 minutes</i>	95
Ginger and Bamboo Scrub <i>45 minutes</i>	95
Chamomile Scrub <i>45 minutes</i>	95
Lavender Scrub <i>45 minutes</i>	95
Nourishing Spirulina Wrap <i>50 minutes</i>	130
Mountain Moor Mud Wrap <i>50 minutes</i>	130

MENS TREATMENTS

The Iron Man <i>allow 3½ hours</i>	315
Wrap, soak and 75 minute stone sports fusion massage	
Gentleman's Escape <i>allow 5½ hours</i>	390
Scrub, natural elements shower or soak, custom massage, facial, barber cut and lunch	

FACIAL TREATMENTS

European Deep Cleansing 50 minutes	120
Teen 50 minutes	120
Men's Therapy 50 minutes	120
Spa Treatment 60 minutes	140
Custom Organic 50 minutes	130
Energizing 60/75 minutes	140/170
Youth Intensive 75 minutes	180
Spa Rescue 90 minutes	225
Secrets Excellence 90 minutes	235

PEELS/EXPRESS FACIAL TREATMENTS

Microexfoliation 50 minutes	155
TCA Peel 45 minutes	165
Arctic Berry Illuminating Peel 45 minutes	80
Multi-Acid Mini-Peel 45 minutes	80
Vitamin C Express Facial 25 minutes	75

FACIAL UPGRADES

*Add any of the below upgrades to your facial.
(These are not stand-alone treatments.)*

Eye Contour	30
Dermaplaning	50
Multi-Acid or Arctic Berry Peel	45
Microexfoliation	50